

ASTHMA!



- A ___ flow meter shows how quickly you can empty your lungs
- Asthma inflames and narrows the airways in the ___
- ___ constriction is technically called bronchoconstriction
- Your ___ can prescribe medicine that best controls your symptoms
- Asthma is an ___ system response to irritants
- Molds and ___ are a problem in moist, humid environments
- People with asthma can lead ___ lives with proper medication
- Your doctor will use pulse oximetry to check the ___ level of your blood
- Sportsmen Dennis ___ & Jerome Bettis have asthma
- ___ can sometimes cause an asthma attack, so take time to relax
- Asthma is a ___ condition that can last for years or all your life
- People with asthma often carry a rescue ___ in case they need it
- A ___ is something that causes an asthma attack
- Prolonged and intense aerobic ___ can cause an asthma attack
- Wheezing, shortness of breath, & coughing are ___ of an asthma attack
- ___ like smoke, dust, & pet dander can cause breathing problems
- Most asthma sufferers are diagnosed in early ___ or teens
- Cleopatra actress ___ Taylor had asthma
- Corticosteroids & bronchodilators are types of ___ that control asthma
- Young children can use a ___ that turns their medicine into a fine mist
- If asthma goes untreated ___ damage can occur
- Illnesses like bronchitis and ___ can cause asthma symptoms
- Presidents Teddy ___, Woodrow Wilson, and JFK all had asthma
- ___ in the chest makes it difficult to move air in and out of your lungs
- Asthma is not ___, but there are inherited tendencies
- ___ is the body's way of dealing with things that are harmful or foreign
- Dust, pollen and mold are ___ factors that can worsen asthma
- ___ products are items that contain few or no irritating substances

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