## **COLDS AND FLU!**



Not wearing a coat or having wet will not make you sick
If your nasal discharge is this color, it might be time to see a doctor
Be sure to use the correct for your medicines
are very important, so drink lots of tea, juice and water
People with weakened systems should get a flu shot every year
Flu viruses and evolve, even during the middle of flu season
Feed a cold and a fever is an old wives' tale
If your head feels, consider a decongestant
Honey is a natural soother for a sore
Grandma's soup is an old cold remedy
Over-the nasal sprays work, but should only be used for 2-3 days
Taking cold medicine at the first sign of illness may help the cold
The $\underline{\hspace{0.3cm}}$ flu involves intestinal problems and isn't the same thing as the flu
If you don't like shots, you can get the flu via a nasal spray
Vaccines are made of dead that are injected into your body
is how your body gets rid of mucus, a throat lozenge might soothe
Flu season is at its worst December through
Antihistamines reduce the body's to irritants and allergens
Coughing or can spread a cold via saliva in the air
Cold medicine treats the not the infection
Do not take aspirin - acetaminophen or are best
A cold is a sign that your body is battling an
or bronchitis can be complications following a bad cold or flu
Hand is good, but soap and water are best for cleaning hands
You can be and spread a cold before you even know you are sick
only help fight bacterial infections, not viruses
Otitis media is another term for an, a possible complication
NSAIDs ( anti-inflammatory drugs) reduce fevers and pain

		I								
	R									
		S								
F										
		М								
				Т						
S				•						
			F							
			_		Т					
С					_					
C			N I							
			Ν							
				Т		_				
			_			Η				
	_		С							
	I							1		
						Ν				
						R				
		S								
			Ε							
		M								
							Ε			
				M						
					I					
						I				
			I							
			I							
	0									

								1900				III III III III III III III III III II	0.01010101010	1010101010101
Ν	Е	F	О	R	Р	U	В	1	S	D	I	U	L	F
Υ	G	Α	S	G	Р	D	F	Ε	В	R	U	Α	R	Υ
F	Α	F	R	Ν	Е	Ν	U	М	М	I	D	S	Ε	G
F	S	G	Ν	I	Z	Ε	Ε	Ν	S	I	Т	1	Т	Е
U	0	G	Α	Н	Ν	В	G	U	0	0	Ν	S	Ν	Т
Т	D	Н	Ν	G	G	F	Р	R	M	F	U	J	U	Ν
S	L	٧	Т	U	K	Е	Е	Α	Е	0	Н	L	0	Е
Т	Ν	Α	I	0	I	Т	С	С	I	Е	Ν	M	С	S
Н	٧	С	В	С	S	Н	Т	G	Т	Т	Ν	I	Ν	Ν
R	I	С	I	N	R	I	Α	Н	Υ	I	В	J	Α	0
0	R	I	0	С	0	Т	Ν	Е	Т	R	0	Н	S	Р
Α	U	Ν	Т	N	Ν	R	Е	Z	I	Т	I	Ν	Α	S
Т	S	Ε	I	0	0	U	Χ	F	М	U	Т	Α	Т	Е
N	Е	K	С	I	Н	С	R	Е	٧	R	Α	Т	S	R
Υ	S	Е	S	Υ	M	Р	Т	0	М	S	Т	S	Т	D
							-							

Enter unused letters from puzzle, in order:
Copy boxed letters to form your hidden message:

Solve Hundreds of Clue Search Puzzles Covering All Kinds of Topics for FREE! No Membership or Email Required! Visit us at <a href="www.ClueSearchPuzzles.com">www.ClueSearchPuzzles.com</a>

©2015 Clue Search Puzzles™ All Registered Trademarks are the properties of their respective owners. Visit us at www.ClueSearchPuzzles.com