

BREAKFAST!



This outer part of the grain is high in fiber
 Sunny-side up, scrambled, or over-easy
 You can eat your cereal dry, but it's better with ___
 Thin or thick sliced, it's fried and crispy
 The English like theirs done on one side
 Cereal can be made from corn, rice, oats or ___
 A healthier alternative to donuts; great with cream cheese
 Adding ___ slices to your cereal can add some fruit and flavor
 Generic term for breakfast in a box
 For a lot of people this is the most important part of breakfast
 An office favorite, but not the most nutritious breakfast
 This version of toast is battered and fried
 Fresh ___ are high in vitamin C and are very healthy
 Real men don't eat ___, or so they say
 Dairy product available in a hundred flavors
 Small or large, they usually have their own paper cup
 Slow-cooked or instant, it comes in different flavors
 Breakfast foods high in ___ can help you avoid the sugar rush
 An alternative to bacon
 Belgian or square; cover with syrup or berries and cream
 A French bread type that is best when fresh
 Breakfast ___ have become popular at fast food restaurants
 Brand name for little round O's, great for kids
 They have several names: flapjacks, hotcakes, ___
 You might use a special spoon for this; watch out for squirts
 Probably the most common breakfast berry
 Not always tasty, but you can eat them in the car or at work
 A very popular breakfast drink

	A								
	G								
	L								
	A								
			T						
	E								
	G								
				A					
	R								
		F							
		U							
	E								
			T						
				E					
Y									
	F								
O									
						N			
	S								
A									
		E							
		I							
H									
A									
						U			
						B			
									E

S	S	B	N	E	I	H	G	S	L	M	O	T	O	N
O	O	A	O	G	C	O	L	A	S	R	Y	D	S	K
T	I	G	C	G	F	E	E	T	A	T	S	A	O	T
I	R	U	A	S	G	M	R	N	L	A	E	R	E	C
R	E	E	B	A	T	A	G	W	A	F	F	L	E	S
R	E	T	B	A	W	E	S	E	K	A	C	N	A	P
U	H	T	O	B	J	T	S	T	U	N	O	D	J	V
B	C	E	E	U	G	R	A	P	E	F	R	U	I	T
A	R	R	I	P	R	O	T	E	I	N	E	M	S	S
B	R	C	F	R	E	N	C	H	H	B	E	U	A	T
Y	E	E	H	C	I	U	Q	T	R	T	F	F	U	I
T	Y	O	G	U	R	T	O	A	P	T	F	F	S	U
H	D	W	H	E	A	T	N	E	C	D	O	I	A	R
G	R	A	N	O	L	A	B	A	R	S	C	N	G	F
A	B	A	N	A	N	A	M	I	L	K	N	S	E	Y

Enter unused letters from puzzle, in order:

___ ___ ___ ___ ___ ___

___ ___ ___ ___ ___ ___ ___ ___

___ ___ ___ ___

Copy boxed letters to form your hidden message:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Solve Hundreds of Clue Search Puzzles
 Covering All Kinds of Topics for FREE!
 No Membership or Email Required!
 Visit us at www.ClueSearchPuzzles.com