

BUDDHISM!



___ is not only an exercise, but also a form of meditation
 Bodhisattva refers to an "enlightenment ___" on the path to buddhahood
 There is debate as to whether it is a religion since it involves no ___
 Zen Buddhism is popular in China, Korea and ___
 The word ___ in Sanskrit means action or work
 There are ___ Factors of Enlightenment
 Siddhartha Gautama is better known as ___
 One definition of ___ is the teachings of Buddha
 Buddhism is predominant on the ___ Subcontinent and in East Asia
 Buddhists believe in following the ___ Way or Path
 The Theravada branch of Buddhism means "The ___ of Elders"
 The Four Noble ___ are central to the teachings of Buddhism
 ___ includes having the right view and the right intention
 ___ conduct includes right speech, right action and right livelihood
 The state of ___ is believed to be free of suffering
 Buddhists believe in a cycle of life, death and ___
 The Mahayana branch of Buddhism means "The Great ___"
 There are several Virtuous Behaviors or ___ that Buddhists follow
 Buddhism was the first ___ with worldwide influence and is still growing
 Buddhists avoid ___, theft, lying, and sensual misconduct
 The Noble ___ Path leads to the cessation of suffering
 The Three Marks of ___ are impermanence, suffering and not-self
 The term dukkha refers to ___, anxiety or dissatisfaction
 Many Buddhists practice ___ to focus their mind and awareness
 ___ is the awareness of the reality of things
 ___ includes right effort, right mindfulness and right concentration
 Bodhi refers to ___, the ability to comprehend the nature of things
 The brahmavihares are also called The Four ___

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 O G D B R I R D S G L W E C L
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 L T A V N R K L N T N K W R I
 N F H E A I U O E E A E X P N
 E O T H V N I S T N C T J E D
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Copy boxed letters to form your hidden message:

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